

## Crisis Hotline and Community Resource Numbers

In any mental health emergency, call 911 and ask for immediate help

**Saint Clare's Hospital, Denville NJ**

**Psychiatric Emergency Crisis Hotline: 973-625-6160**

**Wellness and Recovery Center (Adult Crisis Intervention Services) 973-625-0096**

**State of New Jersey Suicide Prevention Hotline Dial 1-855-NJ-HOPELINE (654-6735)**

Need someone to talk to? We are only a phone call away. Our specialists are available 24 hours a day, 7 days a week to assist you. Chats are anonymous and confidential. Text us 24/7 at [njhopenline@ubhc.rutgers.edu](mailto:njhopenline@ubhc.rutgers.edu)

**National Suicide Prevention Lifeline 1-800-273-8255**

**Atlantic Health System- Morristown Memorial Hospital, Morristown, NJ**

**Crisis Intervention Hotline [1-888-247-1400](tel:1-888-247-1400)**

**Mental Health Association of New Jersey Warm Line.** The Peer Recovery Warmline (1-877-292-5588, TTY: 877-294-4356) is open 365 days a year, including holidays, 80 hours per week. The hours of operation are 8 a.m. to 10 p.m. on weekdays, 5 p.m. to 10 p.m. on weekends and 3 p.m. to 10 p.m. on holidays. It is staffed 100% by trained "peers," people who, themselves, are in recovery for their mental health. At the core of the service are two research-based models: Intentional Peer Support (IPS), which focuses on connecting peers with each other so that both parties learn and grow, and Wellness and Recovery Action Plan (WRAP) which provides a framework for goal-setting and improving quality of life.

**Mental Health Association of Morris County Peer-to-Peer Support Line**

Toll Free: 1-877-760-4987

Hours: The Peer to Peer Support Line is a non-crisis telephone support program for consumers and run by consumers. It is available 365 days per year from 5 p.m. until 10 p.m.

<http://www.mhamorris.org/page.php?p=6>

**Mental Health Association of Morris County Peer Recovery Warmline**

Toll Free: 1-877-202-5588

Monday through Friday 8:00AM to 10:00PM

Saturday - Sunday 5:00 PM to 10:00 PM

This line offers a peer counseling service, providing ongoing telephone support to behavioral health consumers as they work toward their recovery. (Messages received during off-hours are returned the next business day.)

<http://www.mhanj.org/page.php?p=12>

**State of New Jersey "2<sup>nd</sup> Floor" Youth Hotline 24/7/36. Talk or text 888-222-2228**

The Trevor Project - Crisis resources for LGBTQ youth staffed by trained professionals including hotline, text message, and webchat options. Our trained counselors are here to support you 24/7/365. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now at [866-488-7386](tel:866-488-7386).

Translifeline.org- a crisis hotline staffed by transgender people for transgender people 877-565-8860

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**PerformCare New Jersey: How to get help for depressed youth.** PerformCare can connect you and your child to behavioral health services. Our staff is available 24 hours a day, 7 days a week. We'll connect you to experts who can help — often at no cost to you. We can even send a response unit to your child for swift, in-person counseling within an hour of your call. For more information about these services, call us at 1-877-652-7624.

**Division of Children Permanency and Protection (DCPP)** Formerly DYFS. Statewide child abuse hotline that operates 24 hours a day, every day of the year. The telephone number is 1-877-NJ ABUSE (1-877-652-2873).

### **Adult Protective Services**

Adult Protective Services (APS) investigates allegations of abuse, neglect, and exploitation of vulnerable adults. For Morris County, the phone number is 973-326-7282.

### **How to Make an Appointment for Counseling Services**

**Saint Clare's Hospital Behavioral Health Services**  
Central Evaluation and Referral 1-866-626-2111

**New Bridge Mental Health Services**  
(973) 316-9333 (*Local*)  
(888) 746-9333 (*Toll Free*)

**Atlantic Health System-Morristown Memorial Hospital**  
1-888-247-1400

### **Helpful Social Services Community Resources**

The **Morris County Office of Temporary Assistance** provides a variety of financial, medical and social services to persons and families who meet the necessary program criteria. The staff gathers information and compiles supporting documentation in an effort to determine a client's eligibility. We also provide information and referral services to other government and non-profit agencies who may be of assistance to clients.

#### **Office of Temporary Assistance Main Office**

Address: 340 West Hanover Avenue, Morristown, New Jersey 07960  
Hours: Monday – Friday, 8:30 am – 4:30 pm Phone: 973-326-7800

#### **Office of Temporary Assistance Dover Office**

Address: 375 E. McFarlan St., Dover, New Jersey 07801  
Hours: Monday – Friday, 8:30 am – 4:30 pm Phone: 973-682-4990

**NJ 2-1-1 helps people find solutions to personal needs by informing them of resources in their community.**  
**24/7/365 Available anytime and everywhere in New Jersey**

Our statewide service is free, confidential, multilingual and always open.

Three easy ways to reach us: Dial 2-1-1; text your zip code to 898-211; or chat with us online.