

**Denville Township Schools
Health Office Guidelines and Suggestions**

PLEASE READ AND KEEP FOR REFERENCE

A good education requires that our children have regular attendance with few absences. There are some occasions, however, when children need to stay home. These guidelines are designed to protect the health of all children in our schools.

1. Parents should monitor their children every morning for symptoms of Covid-19 (see below checklist of symptoms), in addition report any of the following situations to the health office immediately for possible contract tracing.

- Student reports or has been notified of being in close contact with a positive Covid-19 case.
- Confirmed non-Covid viral infectious disease- ie influenza or rhinovirus
- Contagious infections requiring antibiotics- ie. strep throat or pink eye.
- Undiagnosed, new, and /or untreated skin rash or condition.

2. Parents should not send students to school when sick. CDC recommends that students and staff with the following symptoms be promptly isolated from others and **excluded from school: Consult your physician to determine if your child should be tested for COVID-19**

- At least **two** of the following symptoms: Do Not Send Your Child To School

<input type="checkbox"/> fever (measure or subjective)	<input type="checkbox"/> nausea or vomiting
<input type="checkbox"/> chills	<input type="checkbox"/> diarrhea
<input type="checkbox"/> rigors (shivers)	<input type="checkbox"/> fatigue
<input type="checkbox"/> myalgia (muscle aches)	<input type="checkbox"/> congestion
<input type="checkbox"/> headache	<input type="checkbox"/> eye redness/drainage
<input type="checkbox"/> sore throat	<input type="checkbox"/> runny nose

OR

- At least **one** of the following symptoms: Do Not Send Your Child To School

<input type="checkbox"/> cough	<input type="checkbox"/> new olfactory disorder
<input type="checkbox"/> shortness of breath	<input type="checkbox"/> new taste disorder
<input type="checkbox"/> difficulty breathing	

When can my child return to school if the symptoms are not due to COVID-19?

• **Students should remain at home until 24 hours after their fever has ended without the use of fever reducing medications and other symptoms improve.**

3. Individuals who have symptoms of COVID-19 AND have tested positive (by PCR, rapid molecular or antigen testing) **OR** have not been tested (i.e. monitoring for symptoms at home) should stay home and away from others until:
 - At least 10 days have passed since their symptoms first appeared AND
 - They have had no fever for at least 24 hours (one full day without the use of medicine that reduces fever) AND
 - Symptoms have improved (e.g. cough, shortness of breath)
 - A. Individuals who have **NO** symptoms and have tested positive should stay home and away from others until:
 - 10 days have passed from the collection date of their positive COVID-19 diagnostic test AND they have not developed symptoms.
 - B. Individuals who have symptoms and have tested negative should stay home and away from others until:**
 - **24 hours after their fever has ended without the use of fever reducing medications and other symptoms improve.**
 - C. Individuals who are identified as a close contact of a confirmed case should:
 - Self-quarantine and monitor for symptoms for 14 days from the last date of exposure with the confirmed case, even if contact tested negative.
4. If a child **vomits** during the night, please do not send him/her to school that day. If your child vomits in school, we will call you for pick up rather than sending him or her home on the bus. (see #2)
5. If a child has been diagnosed with **Strep throat**, state law requires that he/she must be on medication a full 24 hours before returning to school.
6. **Chicken Pox** requires absence from school while pustules are still forming; the student **MUST** remain at home until ALL scabs are dry. Please contact your School Nurse prior to your child's return to school.
7. It is **VERY** important that the School Nurse be notified if **head lice or nits** are found in your child's hair.
8. If a child needs to be excused from physical education class, a **WRITTEN NOTE** from the parent is **REQUIRED**. *To be excused for more than 2 days, a doctor's note is required.* A doctor's note is also required for a student to resume participation in physical education classes and sports after an extensive illness, surgery or severe injury.
9. Please notify your School Nurse and transportation department if your child is using crutches in school. Any student riding a school bus must be able to bear weight and evacuate quickly in the event of an emergency. An MD note stating that your child can bear weight and evacuate safely is required in order for a student to ride the bus with crutches.

10. Students requiring **medication** at school must have a **written order from the pupil's private physician and the parent/guardian's written request for its administration.**
 - . Medication must be delivered to the school nurse by the pupil's parent, guardian or designee in the original container labeled by the pharmacy or physician in the case of a prescribed medication, or the manufacturer's label in the case of an over the counter medication. Written orders signed by the pupil's private physician must state the name of the medication, the purpose of its administration and its proper timing and dosage.

11. Please notify your School Nurse any time that your child develops a communicable disease, such as Strep or Fifth Disease, or sustains an injury requiring medical attention, even outside school activities. Your child's school health record is often the most complete record available for college applications, etc. It is only as complete as the information received!

9/4/20